

CONTROLLED CONVERSION

Player is to play through the target whilst controlling weight & remaining on the green.

DETAILS OF TEST

- Place target on T
- Place mat on minimum length
- Play 2 bowls FH & 2 bowls BH
- Play 2 ends
- Repeat for medium & maximum lengths

SCORING

Accuracy:

- 3 Points = Contact Jack
- 2 Points = Contact wither bowl

Weight Control:

- 2 Points = Finishing between Jack & Ditch
- -1 Point = Not reaching target

* Score for accuracy + the score of weight
= Score of Conversion Shot.

Name					
Date		Speed			
Conditions		Category			
Exercise		<u>CONTROLLED CONVERSION</u>			
End	F/H	F/H	B/H	B/H	END TOTAL
S					
S					
M					
M					
L					
L					
F/H TOTAL		Short End		CARD TOTAL	
B/H TOTAL		Med. End			
		Long End			

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